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# ***BAYAREA CLEANING PROFESSIONALS***

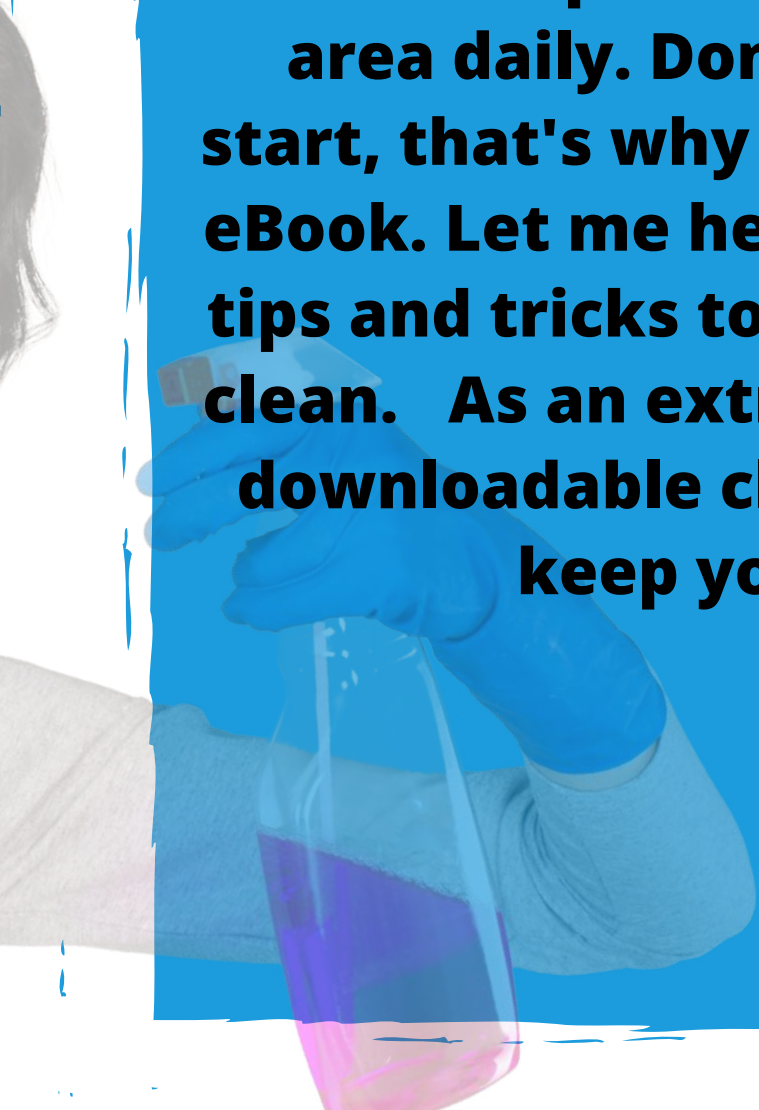
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**Everyone enjoys a fresh and clean home, not everyone enjoys doing the work. The country is reopening and now the cleaning industry who in my eyes has always been essential has a much bigger challenge of keeping homes cleaned and sanitized. I have learned that the best way to keep your house clean is by taking the time to clean up a room or a common area daily. Don't know where to start, that's why you are reading this eBook. Let me help you by sharing 50 tips and tricks to keeping your home clean. As an extra bonus you get my downloadable cleaning calendar to keep you on track**



## **1. Clean Baseboards with A Broom**

**Do you avoid cleaning your baseboards so you can avoid getting on your hands and knees? There is an easier way! Wrap a microfiber cloth around your broom and secure with a rubber band. Spray with a dusting cleaner like Pledge to easily clean your baseboards and even your walls!**

## **2. Use Coffee Filters**

**Did you know you can use coffee filters to clean your computer screens or TV's? They are so much better to use than paper towel because they don't leave behind any fibers like paper towel or cleaning cloths do! Go try it today!**

## **3. Keep Your Rooms Smelling Fresh**

**###pdryer sheets (Gain Island Fresh Smells Amazing) on the back of your A/C vents. When the air moves through the vents it will move the scent through your home!**

## **4. Wash Toys in Your Dishwasher**

**Just thinking about washing all my kid's toys makes me tired. Save time by tossing them into the dishwasher with a few cups of white vinegar to clean and disinfect them. This will save you so much time!**

## **5 Clean Your Oven Overnight**

**Does your oven need cleaned but you don't want to spend all evening scrubbing it? Preheat your oven to 200 degrees Fahrenheit, then turn off. Place a pan of boiling water on the lower rack and a bowl of ammonia on the top. Leave them in the oven overnight. In the morning use a rag to wipe away the gunk!**

## **6.Remove Gunk from A Dirty Pot**

**Don't waste your evening scrubbing a dirty pot. Put a dryer sheet in it and fill with water. Then let it sit overnight. The chemicals in the dryer sheet will soften the gunk on the pan making it easy to wipe away.**

## **7. Vacuum & Eliminate Dust (Breathe Better)**

**Who would have ever thought there was a right way to vacuum? But when you think about it, vacuuming only one direction doesn't remove all the dirt. So how do you get your carpet clean the first time around? Start in one corner and vacuum horizontally and then vertically until you reach the other side of the room. This ensures all the dirt is being removed from the fibers in your carpet.**

## **8. Clean with A Lint Roller**

**Your lampshades are probably one item you don't think about cleaning often. And you are probably not sure the best way to clean them, right? Well, we found the perfect way to clean your lampshades! Use a lint roller! What a brilliant idea!**

## **9. ODOR REMOVAL SPRAY**

**Combine: 1 tbsp witch hazel 3 drops lavender essential oil (or other fragrant essential oil of your choice) 1 tsp baking soda 3 tbsp warm water Mix in a glass spray bottle. Shake well to combine. Use this to absorb any unpleasant odors from carpet, upholstery, or simply as a fragrance boosting room spray**

## **10. GLASS CLEANER**

**Use undiluted witch hazel in a spray bottle to clean glass, chrome, and mirrors. Simply wipe away with a paper towel and enjoy sparkling, disinfected surfaces** Borax is a mineral that has been used for several decades mostly as a laundry booster and for cleaning. This is no longer just a mystery ingredient our grandparents use to boost laundry; borax is enjoying new popularity as a wonder ingredient for natural cleaning

## **11. Kills Mold and Mildew**

**To remove mold or mildew from walls or any other household area. Heat one liter of water and add one cup of borax to it. Place it into a spray bottle. Put on your gloves and face mask so you do not breathe in or touch the moldy area- mold is toxic! Saturate the mold and mildew area and leave for two or hours. Then rinse properly with water.**

## **12. Clean Your Sinks**

**Remove any stains or greasy mess that may be lingering on your sink after use. Both stainless steel and porcelain sinks can be cleaned with this solution. Make a paste with one cup of borax and quarter cup of lime juice. Use a cloth or sponge to apply to the stained area and rub in a circular motion. Then rinse and buff with a dry microfiber cloth.**

## **13. Make an All-Purpose Cleaner**

**Pour two cups of warm water into a bowl and dissolve two tablespoons of borax into the water, add one tiny squirt of dish soap, fifteen drops of lemon essential oil and ten drops of tea tree essential oil. That's the best all-purpose cleaner you will ever make at home. It gets rid of odors; disinfects the areas it is applied to and adds fresh fragrances. It is an anti-fungal and antibacterial solution. Even without the essential oils, it is still a very effective cleaner.**

## **14. Wash Your Dishwasher with Baking Soda**

**Keep your dishwasher sparkling clean and odor-free by using baking soda. Sprinkle some baking soda on the bottom of your dishwasher and start a cycle using the hottest water setting to freshen and sanitize thoroughly. With over 100 different uses, the Magic Eraser can tackle any type of dirt, stain, or grime! So how does the magic work? The Magic Eraser is made of melamine foam that can be used as an abrasive cleaner. It works because the abrasive foam acts as a SUPER fine sandpaper on stains. The Magic Eraser loosens dirt and grime and then traps the dirt inside the foam. Awesome, right? So how can you use a Magic Eraser?**



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## **16. Remove Permanent Marker**

**Whether your kids went a little crazy with a permanent marker or you just need to erase a name from a wine glass, a Magic Eraser is the most effective way to remove permanent marker from plastic or glass.**

## **17. Remove Labels From Glass Bottles**

**Do you have a cute glass bottle you want to reuse? Or just want to get those pesky stickers off a new bottle you just bought? This magical sponge will remove glue residue on the glass and take a little bit of frustration out of your day!**



## **18. Wash Your Dishwasher with Baking Soda**

**Done with the keyboard? Let's move on to the outside of your laptop. Every notice how dirty it is? Use a Magic Eraser to wipe the grime away!**

## **19. Remove Permanent Marker**

**Remove red sauce stains from plasticware quickly and easily with a Magic Eraser! This tip will save you from so many ruined bowls and tubs.**

## **20. Remove Red Stains From Plastic-ware**

**Do you have a cute glass bottle you want to reuse? Or just want to get those pesky stickers off a new bottle you just bought? This magical sponge will remove glue residue on the glass and take a little bit of frustration out of your day!**

## **21. Disinfect Your Sponges**

**A great way to disinfect your sponges is to microwave them on high for 1 minute. And an added benefit to this hack? The water in the sponge is released and moistens the dried food on the sides of your microwave (yes for easy cleaning!).**

## **22. DIY Hand Sanitizer**

**Mixing Bowl, 1/3 measuring cup, 2/3 measuring cup, Spoon Funnel Pump Bottled (Empty soap bottles work great), Rubbing Alcohol, Aloe Vera Gel, Essential Oil (Optional)**

**Step 1: Measure 1/3 cup of Aloe Vera Gel and pour it into a mixing bowl. Step 2: Add 2/3 cup of Rubbing Alcohol into the mixing bowl. Step 3: Stir until the mixture is well combined. Step 4: Using a funnel, transfer the Hand Sanitizer into a pump bottle. Step 5: Enjoy your clean hands**

**Why I Love This DIY Hand Sanitizer** When I realized I was going to have to make our own hand sanitizer, I was a little worried about finding a recipe that would help sanitize our hands, but also not dry them out. And this recipe did not disappoint!

## **23. Clean Your Lightbulbs**

**When dusting, make sure to get the light bulbs! A lot of the time, people don't clean them and end up having a more dimly lit room because of it.**

## **24. Removing Stains**

**fresh stain: try to get as much of the stain out as you can, then pour a ½ inch of salt over the stain and leave for 1-5 days (reapply salt as needed). The salt will soak up any stain and once it's done, you can break the salt up and vacuum. Done.**

**Old stain: it's basically a repeat of the first except you first moisten it heavily with water and blot, then apply the salt procedure.**

## **25. Remove Permanent Marker**

**Remove red sauce stains from plasticware quickly and easily with a Magic Eraser! This tip will save you from so many ruined bowls and tubs.**

## **26. Make Your Microwave Sparkle**

**Clean a microwave by heating a bowl of water and vinegar and letting the steam dampen the stuck-on food. Then just wipe it away and it's all clean. I really hate cleaning microwaves just for the reason that it's so hard to get the food off, but with this hack, my life just got easier.**

## **27. Vents & Slats**

**Stop trying to reach up high to clean all the little slats in your vent. Remove it completely, wipe it down with a paper towel and toss them into your dishwasher and run them on a short cycle with water only. Dry completely and put them back.**

## **28. Clean Burners**

**Remove your burners and wipe them down with dish soap and a damp cloth. Then run a paste made from baking soda and water onto your burners and let the paste sit for about 20 minutes. Scrub off and dry.**

## **29. Clean Broom**

**We use our brooms to clean which means they can get pretty gross. To clean your broom, soak it in a buck of warm water and dish soap. Let it air dry before you put it away. You should also spray your brooms with disinfectant after each use.**



## **30. Clean Stovetops**

**Soak a rag in hot, soapy water as you sprinkle a thick layer of baking soda on your glass cooktop. Squeeze out the water from the rag onto the cooktop and lay it on top of your cooktop. Let this sit for 15 minutes before you scrub the baking soda away. For any stubborn hard to remove dried up food get a plastic scraper and gently remove without scratching glass surface.**

## **31. Clean Burners**

**Use lemons to take out hard water stains. If you have an old shower or bathtub, you may have a bunch of stains from hard water or limescale. If you can't visualize this, it's those web-like lines that you can see outlined on metal and glass. Although many normal cleaners have a hard time taking these marks off, you can use a cut lemon and rub it on them to help. Let the juices sit for 10 minutes before rinsing with warm water. Plus, your house will smell wonderful during and after this process.**

## **32. Clean Stove-tops**

**Though cast iron skillets are very useful in the kitchen, they need a little more tender love and care than some of your other kitchen appliances might. To clean these things, try not to use strong dish soap which can strip away the coating on these pans. Instead, use coarse sea salt to scrub away the leftover residue and rinse, dry and coat with a light amount of coconut oil to help keep the coating.**

### **33. Use Coka Cola or Pepsi To Clean Toilets**

**Cleaning the toilet usually means breaking out lots of strong chemicals to make sure everything gets stripped clean. Still, using some of these heavier cleaning solutions isn't always good for us. To switch things up, you can also pour Coca-Cola/Pepsi in your toilet and let it soak. Scrub like you normally would with your toilet brush and when you flush, the toilet should sparkle, (not a great sign if you enjoy drinking Coke/Pepsi). Follow up with a disposable cloth and wipe some alcohol around the seat and the handle for sanitization and now your toilet is ready to take on whatever!**

### **34. Repair Leather Furniture With Oil & Grape Seed Oil**

**Although having a leather couch or recliner is a nice touch in your home, they can easily get scratched up if you have any animals running around. These marks definitely stand out but there's an easy way to fix them. Simply get a cloth dab the half and half oil combination into the scratched areas. Let the oil dry for two hours and then wipe it all clean with a soft microfiber cloth.**

### **35. Take Ring Stains Out Of Old Furniture With A Hairdryer**

**If you've ever set a wet glass down on a finished table without a coaster and forgotten about it, you know exactly what happens. You go to lift it up and suddenly there's a faded and seemingly permanent ring on the table. Fortunately, there's an easy fix for these problems. Next time you see a ring, get a hair dryer and blow on it for a while. Rub some olive oil or wood furniture oil into it when you're done to seal up the spot.**

## **36.Remove Greese & Oils With Baking Soda**

**If you haven't learned by now, baking soda is something like a miracle chemical. One particularly tricky thing to fix is when you get grease or oil stains in a carpet. Fortunately, we have an all-natural solution. Sprinkle baking soda all over the problem area and then spray it with a solution of vinegar and water, mixed 50/50. Let it all set for a few hours and then vacuum it up.**

## **37. Bathtub Shower Cleaner**

**Want to really make that bathtub shine? Simply add 1-part Dawn Dish soap to 1-part vinegar in a dish-wand, seal it tight and it's ready to go. Run the water in the shower to get it lightly coated, and scrub away to your heart's content. The mixture cuts right through the soap scum, leaving a squeaky-clean feel to your oh-so-loved shower!**

## **38. Handy Cleaning Kit**

**Having the right cleaning kit on hand makes any job more satisfying and effective. For cleaning the kitchen, you may want to have a plastic scraper handy for scraping gunk from your glass stove top, for instance. Also keep in mind that while white vinegar is definitely a cleaning workhorse, the acid in vinegar can damage natural stone counter tops like granite.**



## **39. Get Stains Out Of Porcelain**

**Depending on the shape your sink is in, this a 1 to 3 step process. If you're only battling a little soap scum, you can get away with using a small amount of Bar-Keeper's Friend or soft scrub. If your sink is looking pretty miserable though, you can first wash it with your favorite liquid soap based cleaner to remove any grime and most of the buildup. Then spray your whole surface down with bleach and let it sit for 10-15 minutes. Go ahead and wipe it down, and if it's clean enough for your liking, your job is done! If you still have a few marks or stains in the sink, put Bar-Keeper's Friend or soft scrub on each mark and gently rub it in, then wipe away after 15-20 minutes. You'll be thrilled at how your sink shines!**

## **40. Deep Cleaning Faucets**

**When is the last time you deep-cleaned your faucet handles? Most people don't think of this area. When you think about it though, that faucet handle sees a high touch point that gets a lot of traffic. That traffic is usually comprised of hands that just flushed the toilet, or just came from playing in the dirt outside, cooking, planting in the garden or playing with your furry friend. All areas where bacteria can dwell and grow. You can imagine the bacteria that hides beneath those faucet covers. Fortunately, in order to get things nice and clean, you only need to remove the cover and use a screwdriver to remove the handle. Soak it in vinegar for about 2-3 minutes and give a quick scrub, rinse and you're back on track!**

## **41. Toaster**

**Although cleaning can sometimes be therapeutic, don't get too deep in this type of cleaning if you didn't plan on doing a deep clean, however if you find yourself tempted to clean your oven interior, deep clean your dishwasher, take apart the toaster, or scrub the grout, skip it for now and make a plan to do it soon. you can easily get overwhelmed and ruin your plans for the rest of the day and end up hating to clean and that's opposite of what we are trying to achieve.**

## **42. Deep Cleaning Faucets**

**TURN ON SOME MUSIC, A PODCAST, OR A SERMON** Turning on some kind of background noise, whether that be your favorite music or radio station, a podcast, or a motivational speech or even your favorite sermon , will help take your mind off of the task that you're doing and will pass the time a lot quicker than if you're just focusing on cleaning.

## **43. House Cleaning**

**Clean AS YOU GO** One of the best and most impactful house cleaning tricks I've ever learned is to clean up as you go, rather than leaving everything to be dealt with in the evening. (Because who wants to spend 2 hours cleaning their house after a long day, I sure don't and I know you don't want too either.

## **44. Small Cleaning Task**

**Do small cleaning tasks throughout the day like washing dishes or loading them into the dishwasher as soon as you're done with them, putting toys and random objects back where they belong instead of leaving them lying around**

## **45. Try A New Cleaning Product Or Task**

**Getting a new cleaning product or tool like a steam mop or a steam cleaner can do wonders for your cleaning motivation and can help fight sickness by killing those nasty germs, viruses and bacteria thus will help you get more excited to clean your house knowing you are going the extra mile to maintain a sanitized home.**

## **46. Reward Yourself**

**As soon as you finish a cleaning task, or if you're using the timer method as soon as the timer goes off, take a break from cleaning and do something you enjoy. Whether that be having a snack, playing with the kids, or sitting down and reading a book. This will make it fun and you will want to complete your task, it works for me.**

## **47. TAKE PRIDE IN YOUR HOME**

**It's hard to take pride in a dirty and unorganized home. Keeping your home clean and tidy will help you go from being embarrassed about your house to being proud of it. After all, it's your home, your private sanctuary, you deserve a clean beautiful home.**

## **48. Put Stuff Away When Your Done**

**When people hear this one, oftentimes the first thing they'll think is that "yeah! Kids really need to learn how to put stuff away when they're finished with it" but I believe that this point can be directed towards adults just as much as it can be directed towards kids. How often do YOU leave something lying around your house where it doesn't belong because you don't have time (or don't want) to put it back where it belongs right now? Probably more than you realize. Start making a habit of putting stuff away as soon as you're done with it. If you're done reading a book, put it back in the bookshelf rather than leaving it on the coffee table. When you're done changing your baby's diaper, put the wipes back where they belong rather than leaving them out. When you're done drinking your coffee, put the mug in the dishwasher or rinse it out and put it in the dish rack instead of leaving it in the sink.**

## **49. TAKE PRIDE IN YOUR HOME**

**Some people like to clean with cleaning schedules, other people don't. Some people's cleaning schedules are flawless and they follow them to the dot, while other people use cleaning schedules loosely. I am a strong believer in the power of using a cleaning schedule, but I also know that each and every family's needs and daily lives are different, and that means that there is no one-size-fits-all when it comes to cleaning schedules. If someone else is having great success with their cleaning schedule but you just can't seem to get it to click, try altering it or ditching the schedule altogether.**

## **50. REALIZE THAT SOMEONE ELSE'S SCHEDULE MIGHT NOT WORK FOR YOU**

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## **51. MAKE A LIST AND CHECK IT AS YOU GO**

**If you're someone who thrives by checking things off of a list (me, ME!), creating a daily to-do list can help you organize your days so you have time to clean, organize, and do all your regular daily activities.**

## **52. CLEAN YOUR DUTCH OVEN POT**

**How to clean a Dutch oven pot, if your pot has heavy built-on stains. cover bottom of pot with baking soda, add about 2 inches of water, bring it a boil over medium low heat and then simmer for about 25 minutes. turn off the heat and let it cool completely. Once cooled, wash it with a sponge or scrubber If you still have stubborn stain left, sprinkle more baking soda and a bit of water to make a paste and then add 1inch of water and simmer on low for 15 minutes. Let cool and then gently scrub anything left at the bottom of the pot with a sponge or scrubber. I know, it's not advised to use abrasive scrubbers, but this trick works so well you barely need to scrub and you are left with an almost new Dutch oven pot.**

## **53. REALIZE THAT SOMEONE ELSE'S SCHEDULE MIGHT NOT WORK FOR YOU**

**Keep A Catch-All Bin in Your Living Room** Do your high traffic rooms get cluttered quickly? Simply toss items that don't belong in that room into a specified bin to keep the room, clutter free. Later you can put everything in its proper place.

A large, black, cursive script that reads "Thank you" is centered on a solid blue background. In the lower-left corner, there is a semi-transparent image of a person's hand holding a clear spray bottle with a white nozzle. The hand is wearing a light blue long-sleeved shirt. The spray bottle has a small white label on its side. The overall composition is clean and modern, with the cursive text providing a personal touch to the blue background.



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