

PRI ORTHOTICS

- WHY PRI ORTHOTICS



- Biomechanically Correct
- Not hard plastic
- Help reduce pain
- Individually tailored for optimal performance

- DO I NEED PRI ORTHOTICS

- PRI Orthotics have been found to be helpful for people with: foot problems; back, knee, and hip pain; athletes; runners, pickleball players.

- HOW A TYPICAL ORTHOTIC CONSULT WOULD LOOK LIKE:

Q: What will we assess?

A: In a typical session, we assess the alignment of the whole body including your pelvis, ribcage, and the footposition

Q: Who makes these Orthotics?

A: Once we take the impressions, we send them to a certified podiatrist in Nebraska, Dr. Paul Coffin D.P.M

Q: What about my shoes?

A: We commonly use the shoes recommended by the Postural Restoration Institute based on foot type. Correct footwear serves as an essential foundation for orthotics to work effectively. Further, proper footwear may actually eliminate the need for custom orthotics.

