

LIFE CHANGING DENTISTRY... ASK US HOW!

NEW PATIENTS ALWAYS WELCOME



**TWO LOCATIONS FOR YOUR CONVENIENCE
STATE-OF-THE-ART TECHNOLOGY**

Issue #1

**Montgomery & Conroe
Comprehensive Dental Centers**
Timothy E. Gardner D.D.S., Ltd., L.L.P. & Associates



Mission Statement

OUR MISSION IS TO PROVIDE COMPREHENSIVE DENTAL CARE IN A RELAXED, COMFORTABLE SETTING, USING THE LATEST TECHNOLOGIES AND THE BEST MATERIALS AVAILABLE.

WE APPLY THE “GOLDEN RULE” TO EVERYTHING WE DO.



Jade Air Purification – We use Jade Air Purifiers which are among the world’s most advanced standalone medical air purifiers offering surgically clean air. Killing germs and viruses, removing particles including allergens while re-energizing stale indoor air to make breathing easier.

Now two locations to better serve you!



Conroe



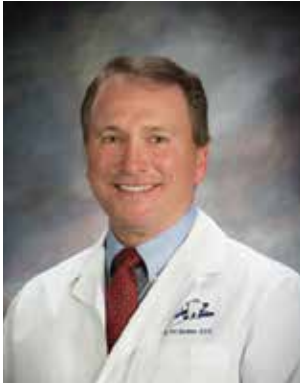
Montgomery

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Who We Are



Dr. Timothy E. Gardner, DDS

Dr. Tim Gardner, a long time Montgomery County resident, attended the University of Texas at Austin, where he received his BBA in Finance. He then graduated with Honors in 1991 from the University of Texas Health Science Center in San Antonio, where he received his Doctorate of Dental Surgery. While there, he served as class president for three years. He was also one of five students selected to participate in their pre-doctoral implant course where he learned to place and restore implants.

Dr. Gardner is one of only 420 dentists in the nation who has earned his Fellowship (LVIF) from the prestigious LVI Institute.

Due to his extensive education, he is highly skilled at treating patients who are suffering from chronic head and neck pain, headaches and migraines, TMJ/TMD issues and sleep apnea, just to name a few.

Services

We warmly welcome patients of all ages and strive to provide a comprehensive approach to dental care. Our doctors are highly trained and able to take care of the majority of dental treatments under one roof. We are passionate about the art and science of dentistry.

You will find that our team is dedicated to making each patient experience one of a kind. We have surrounded ourselves with the latest technology including a Cat-scan machine, digital impression system, laser dentistry, digital x-rays, intra-oral cameras and more.

- Treatment of headaches/migraines
- TMJ issues
- Treatment of sleep apnea
- Placement and restoration of implants
- Cosmetic Dentistry
- Crown and Bridge work
- Crowns made in office
- Veneers
- Root Canals
- Laser Therapy
- Whitening Procedures
- Full and Partial Dentures
- Orthodontics
- Tooth Removal



What to Expect

We truly value our patients' time. When you come into the office you will be seen at your reserved time. Same day emergency appointments are always available. Call by noon and we guarantee to see you the same day! Our team is highly skilled and trained. Their focus is always on providing the best patient experience possible. After hours issues? Our phones are answered **24/7** by a friendly team member, not an answering service.

Dr. Timothy E. Gardner, DDS, is proud to be affiliated with the following:



Restore Your Smile with Dental Implants

DID YOU KNOW?

120 Million people in the US are missing at least one tooth!

BENEFITS OF DENTAL IMPLANTS

- Increased confidence and Self Esteem – many people are self conscious when missing a tooth, but once it's "fixed" their confidence and self esteem rises
- Improved chewing ability – a dental implant attaches to the root, making chewing and biting easier. Patients can enjoy their favorite foods again!
- Improved appearance – this simple, single procedure is one of the most dramatic ways to improve a person's appearance
- Keep surrounding teeth healthy – the teeth around the "missing" tooth won't suffer
- Ease of Care- implants are permanent, and require the same care as your regular teeth
- Permanent – dental implants are permanent and designed to last a lifetime. **Once implanted, you don't have to think about them!**



Side-by-side comparison shows **actual patient results** showing old dentures versus new implants.

CONVENTIONAL DENTURE



Starting at
\$5,900 / Arch

**includes sedation, all extractions,
temporary and final teeth*

Our most economic option, the Conventional Denture is a natural appearing tooth replacement with pink base. The Conventional Denture fits to the gums with the help of adhesive. Conventional Dentures may be refitted or replaced as needed.

- Adhesive many times needed to secure the dentures
- Restricts ability to chew
- May affect gag reflex
- Poor ability to taste food
- Easy to clean daily
- Loosens over time
- Palate is covered
- Limits eating fruits and veggies
- Loss of jawbone and muscle tone
- Can cause difficulty speaking

SNAP ON DENTURE

More stable than the Conventional Denture, Snap On Dentures offer natural appearing replacement teeth and pink base with attachments. These attachments are retained by metal posts in the jawbone, allowing you to snap in and snap out for daily cleaning.

- No adhesive required
- Unrestricted chewing
- Less bulky (palate uncovered)
- Improved taste of food
- Easy to clean daily
- Long-term retention
- Some mobility of denture
- Improved speech ability
- Easier to eat fruits and veggies
- Improved facial support
- Preserves jawbone



Starting at
\$15-17,000 / Arch

**includes sedation, all extractions,
4- 6 implants, temporary and final teeth*

FIXED HYBRID



Starting at
\$25,000 / Arch

**includes sedation, all extractions,
up to 6 implants, temporary and final teeth*

As a long-term solution, the Fixed Hybrid allows natural appearing teeth and gums secured permanently onto metal posts in the jawbone. The Fixed Hybrid may only be removed by a dental professional.

- No adhesive necessary
- Strongest ability to chew
- Not bulky & most natural feel
- Requires diligent cleaning
- Long-term retention
- No movement of denture
- Can speak confidently
- No limits on fruits and veggies
- Improved muscle tone
- Preserves jawbone



IMPORTANT FACTS ABOUT CROWNS

- Dental crowns are among the most common dental procedures alongside braces and fillings.
- Statistics show that there are at least 15 million Americans who wear crowns to strengthen weaker teeth or enhance their smiles.
- When a tooth is badly damaged, a dental crown often goes beyond simply restoring its function or appearance; it often actively saves your tooth! The way dental crowns are placed over your natural tooth allows your crown to protect it from future damage. It acts as a barrier between your tooth and oral bacteria, protecting it from decay.

Same Day Crowns

- Repair chipped, cracked and decayed teeth.
- Enhance the beauty of your smile.
- Strengthen a tooth that is fractured or weakened.
- Protect a tooth following a root canal treatment.
- Timesaving...

our in house capabilities save you time off work!

**Life Changing Dentistry...
become a part of it!**

Interested in Becoming a Dental Assistant?

*Call us to schedule a tour or ask
any team member for more details!*



**MONTGOMERY COUNTY
DENTAL ASSISTING SCHOOL**

936.242.0319 2210 N. Fraizer, Ste. 120 Conroe, TX 77303



Classes offered on Saturdays only from 7 AM to 4 PM • Accredited, Texas Workforce Commission Trade School

**Providing Unique Dental Assisting Education in
Montgomery County and Surrounding Areas.**

www.montgomerydentalcareers.com

Minimal-Prep PORCELEAN VENEERS

Misconceptions About Veneers...

Misconception: Veneers look fake compared to something like dental implants.

When you have veneers, they look just as natural as your natural teeth. Great measures are taken to ensure it. The dentist will help you make decisions about the tooth shade for your complexion, and the proper shape is created according to how you want your smile to look.

Misconception: Dental veneers cause a lot of problems with tooth sensitivity.

Dental veneers can actually deter issues with teeth sensitivity. For example, if there are issues with enamel erosion, this in itself can generate issues with dental sensitivity. However, veneers adhere to the surface of the tooth and thwart problems with sensitivity.

Misconception: Most dental veneers have to be replaced every year.

Dental veneers can last several years with proper care and attention. Most people see their veneers last for as long as five to ten years. It is rare for a veneer to crack or break unless someone is eating foods that are hard on the veneers.

Misconception: Dental veneers are made with materials no good for your body.

Dental veneers can be created out of a few different materials, but these materials are considered safe for use for the purpose and should pose no health concerns. Composite is a body-safe plastic and porcelain is a body-safe material as well. If you have specific concerns about materials, the dentist will discuss any of your concerns in detail before the procedure.

VENEERS... FAST, EASY WAY TO IMPROVE YOUR SMILE

Bonded to the front side of a tooth, a veneer is a wafer-thin porcelain shell that is used to correct minor flaws in tooth structure, shape, color or alignment. Veneers can allow you to improve your smile without the use of braces, crowns or having to get teeth replaced.

Minimal Tooth Preparation

Most veneers require the removal of some of the tooth's enamel in preparation for the veneer. This is done to ensure a strong bond between the tooth and the veneer, and to prevent added bulk to the tooth. We take a conservative approach, only removing as much tooth structure as is absolutely necessary. In some cases, veneers can even be placed without having to remove any of the tooth's natural surface.

Durable, Natural Looking Materials and Immediate Results

To ensure you LOVE your new smile, we will first attach temporary veneers. This gives you a chance to try them out and request any changes so that you will be fully satisfied. Once you are completely happy with the look, the final veneers will be bonded. Veneers can not only transform your smile... a beautiful smile can boost self confidence!

What can PORCELAIN VENEERS fix for you?

- Broken Teeth
- Missing Teeth
- Gummy smiles
- Yellowed, stained or discolored teeth
- Mismatched or misshapen teeth
- Crooked, gapped or crowded teeth
- Chips and rough spots
- Uneven gumlines



What are you waiting for?

936.585.6611
Montgomery Area

936.242.0319
Conroe Area



How Cosmetic Dentistry

CAN CHANGE A SMILE!

Tools Used to Change a Smile

- PORCELAIN VENEERS
- DENTAL IMPLANTS
Smiles can be restored with implants... see Pg 4
- DENTAL BONDING
Used to repair minor imperfections
- GUM RECONTOURING
Gentle correction of a gummy smile or an uneven gumline
- NATURAL-LOOKING CROWNS
For cosmetic improvement as well as structural repair
- PROFESSIONAL TEETH WHITENING
Gentle and highly effective whitening in the office or with take-home kits

— See the difference a smile makes! —



Kills bacteria that causes gum disease/periodontal disease & gingivitis.

Stimulates new cell growth in gums.

Quick & painless!

Call our office to schedule your next dental cleaning...
and ask about adding Laser Therapy!

Do you have yellow teeth that cause you to have a tight-lipped smile?
Do you have gaps, overbite or underbite? Are having straighter teeth a distant dream?

Great smiles are a work of art for us!

Our cosmetic services range from veneers and crowns; to orthodontics and Invisalign.
Our expert dental team makes sure you are pleased at each step of the process.

SELF CONFIDENCE AND THE PSYCHOLOGY OF SMILING

Several tests have shown that smiling can:

Improve your mood – This is a physiological response to moving the muscles involved with smiling. When you smile, it tells your brain that it's time to release some endorphins and start feeling good.

Make others happy – Smiling is literally contagious. We smile and others who see it are prompted to match it. So a real smile will get a real smile in return. A fake smile will only get a fake smile. But if you don't have the confidence to smile in the first place, you likely won't see this kind of reaction.

Make you look younger – Studies show that people will judge a smiling face to be younger than he or she actually is. Neutral expressions seem to look their age, while frowners look older.

Build better relationships – A simple smile can reduce conflict and make others feel more comfortable and open to conversation.

Be approachable – If you're smiling, more people will want to talk to you, and fewer people will shy away as you speak.

Your new smile awaits!

Call **936-585-6644** to schedule a complimentary consultation!

Two locations to better serve you!

936.585.6611

951 Lone Star Pkwy. Montgomery, TX 77356

936.242.0319

2210 N. Fraizer, Ste. 120 Conroe, TX 77303

Do you suffer from headaches?

How Common is TMJ?

Temporomandibular joint dysfunction (TMD), also referred to as Myofascial Pain Dysfunction (MPD) or temporomandibular joint syndrome (TMJ). This is a chronic illness that affects 75 million people at any one time. There are many people who have no pain but still have an occlusal disease (misaligned bite). Worn, chipped or broken teeth, broken fillings, changing position or shape of the smile are all indications that can benefit from treatment.

Major Sleep Apnea Risk Factors

Anyone can develop sleep apnea. That said, some people have certain risk factors that may make them more likely to develop the condition:

Overweight and obese individuals are at an increased risk of developing sleep apnea. In fact, those classified as obese are 4X as likely to suffer from the condition than those who are at a healthy weight.

Those who use **alcohol or sedatives** are more likely to develop sleep apnea because these can relax the muscles of the throat and encourage nocturnal airway collapse.

Smokers are four times as likely to develop sleep apnea than nonsmokers. In most cases, cessation of smoking can reduce your risk.

Patients with **narrowed airways** are more likely to develop sleep apnea because the airway is more likely to become blocked at night.

Patients with **thick necks** may be more likely to suffer from sleep apnea than those with relatively average necks. In men, sleep apnea is more likely for those with neck circumferences of 17 inches or greater. In women, it's 15 inches.

Men are twice as likely to suffer from sleep apnea as women. Women suffer from an elevated risk of **sleep apnea after menopause**.

The incidence of sleep apnea is higher in **older adults** than in younger patients.

Genetics also play a role. If one or more of your family members suffer from the sleep condition, you're more likely to as well.



WHY SUFFER?

Don't let your waking hours be affected by poor sleep, headaches and migraines. From TMJ issues to sleep apnea, we offer treatments to relieve your symptoms and help you avoid future problems. You deserve to feel your best and be your best.

Want to know more? Call us at **936-585-6605** to schedule your complimentary consultation and free CAT scan.

YOU MIGHT BE SUFFERING FROM SLEEP APNEA IF YOU HAVE:

- Extreme drowsiness during the day
- Waking up with a very dry or sore throat
- Personality changes and irritability
- Frequent morning headaches
- Difficulty staying asleep
- Snoring



WE CAN HELP! CALL TODAY TO SCHEDULE A CONSULTATION

Montgomery **936.585.6611** Conroe **936.242.0319** **DRTIMGARDNER.COM**

Committed to Our Community



Dr. Gardner has created a culture of giving within his dental practice and among his growing team.

In 2011, he created Dentistry for Veterans which provides area veterans with free dental care. To date, more than \$754,000 of dentistry has been donated. He has hosted Dentistry from the Heart since 2009, donating more than \$464,000 worth of free dental care to those in need. Dr. Gardner provides college scholarships, supports local sports organizations, makes various contributions and participates in local fundraising efforts.

Dr Gardner hopes to inspire others to pay it forward!



The Timothy E. Gardner, D.D.S. Scholarship Award has been annually awarded since 2010. The \$1000 scholarship is eligible to graduating high school seniors that attend Conroe, Willis, Lake Creek and Montgomery High Schools who are attending college. Applicants are required to complete an application which includes their GPA, class rank, extracurricular activities, voluntary hours, etc., as well as two short answer essay questions.



For more information
on the scholarship,
as well as applications,
please visit
DRTIMGARDNER.COM



What do our patients say?

I suffered from shoulder, neck and head pains, difficulty looking up and moving my head from side to side. Soon into the TMJ treatment my symptoms disappeared completely. I feel good all the time now... You cannot put a price on that! – Gretchen J.

I was referred to Dr. Gardner for my sleep apnea ... He fitted me for an appliance and since I've been using it my overall sleep quality has improved immensely! I have been able to sleep better and it's been easier for me to care for my school-age children. – Angela K.

All the staff are very caring. Their customer service is just EXCELLENT! I had a deep cleaning, she was so gentle that I wasn't in any pain, loved it! – Melissa K.

I've been going to Montgomery Comprehensive Dental for several years now. I'm 60+ years old and have been going to dentists all over the country. Dr Tim Gardner, the service and care I get is second to none! I highly recommend. – Wayne S.

Dr. Gardner and team gave me the best customer service experience I've ever had, BEST I'VE EVER BEEN TO!! I am the biggest

"whimp" going to dental appt. etc. Dr. Gardner made my experience heaven. I wish I could of done this 20 years ago having a better life style instead of dealing with my migraines and ("Faucism" lol) not able to sleep etc... most of time due to my pains, having all my uppers extracted and brand new ones Dr. Gardner made it happen and gave me a better life style. Thank you Dr. Gardner and thanks to his amazing team for the experience of a lifetime. – Scott T.

I had such a wonderful experience on my first visit. Not a detail of professionalism or hospitality was left out...kindness and detailed explanation...It certainly made me feel as though they wanted me as a repeat patient and not just another number. I highly recommend making this your dental home! – Danielle P.

Thank you to all the staff here for taking care of an emergency wisdom tooth extraction on a very emotional pregnant woman. We got paired up by chance, but my whole family will be coming here now. Perfect experience from Dr. Gardner! – Tiffany Q.

We are new to the Montgomery area. I chose this dental office based on a lot of research. I had my first visit today and can say I absolutely made the right choice based on the professional care I received... I highly recommend this dental office if you are looking for a caring professional experience. – Ron E.

I just had a crown replacement and Dr. Gardner and his staff were friendly and professional which made the procedure smooth and painless, I highly recommend Dr. Gardner and will definitely be going back. – Charles W.

I have been dealing with TMJ for over 30 years and have had no help. I had a chiropractor do more harm to my jaw making it impossible for me to find anyone willing and knowledgeable to help me until I found Dr. Gardner. Thanks for everything! – Kristine B.



Connect with Us!

 [Facebook.com/drtimgardner](https://www.facebook.com/drtimgardner)

 [@comprehensivedentalcenters](https://www.instagram.com/comprehensivedentalcenters)

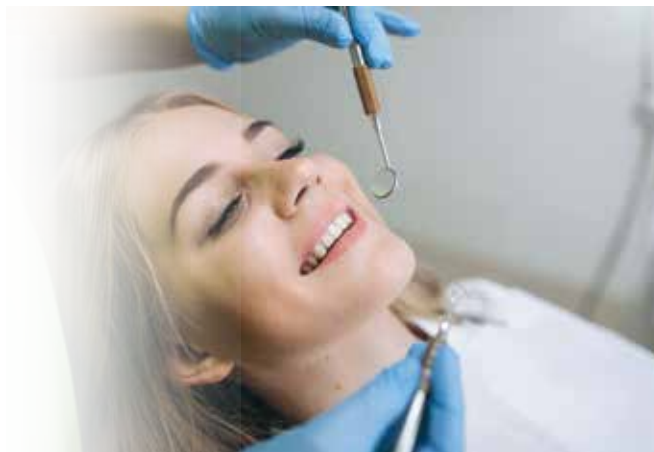


DID YOU KNOW?

REGULAR CHECK-UPS ARE IMPORTANT

Regular check-ups lower your risk for tooth decay, gum disease and other serious dental problems.

Call our office today to schedule your next check-up!



FLUORIDE AIDS ADULT TEETH TOO

Fluoride treatments can help rebuild weakened tooth enamel, slow down mineral loss, reverse early signs of tooth decay and prevent growth of harmful oral bacteria.

Ask your dental hygienist for more information!



A TOOTH ABSCESS CAN BE SERIOUS

Tooth infections can happen when anything makes an opening for bacteria to enter the tooth or surrounding tissue and can be caused by: extreme tooth decay, cracked, chipped or broken teeth, gum disease or injury to a tooth. If you are feeling pain ***don't ignore it...***

call us right away to schedule an exam.



PROPER DENTURE CARE & MAINTENANCE IS A MUST

Soak dentures into warm water (***not boiling***) or denture cleaner to help maintain shape & keep from drying out. If dentures are ill-fitting, adhesive is not the answer. Realignment or replacement is best to avoid oral sores. Call our office to schedule a consultation, ***we are always happy to discuss your options!***





Free Virtual Smile Consultations

Get Your Virtual Smile Consultation
in Just 3 Easy Steps ...



1.
Upload Your
Smile Photo



2.
Tell Us About
Your Smile



3.
Receive Your
Consultation

Smile Virtual Through Our Website

Same Day Emergency Services

We truly value our patients' time. When you come into the office you will be seen at your reserved time. Same day emergency appointments are always available. Call by noon and we guarantee to see you the same day! Our team is highly skilled and trained. Their focus is always on providing the best patient experience possible. After hours issues?

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