



3gs break fast



PERSONAL BRUNCH BOX; \$17.50
4oz 3Gs granola-yogurt parfait, toasted baguette,
honey'ed chevre spread + house jam, veggie frittata
bite & disco bacon; *Meatless Option \$15

a la carte

SIGNATURE EGG SAMMIE	\$8.50
INDIVIDUAL QUICHE	\$8.00
3Gs GRANOLA-YOGURT PARFAIT, 5oz	\$5.50
BACON OR SAUSAGE (2pcs pp)	\$4.00
VEGGIE SAUSAGE (2pcs pp)	\$5.00
SEASONAL FRUIT	\$5.00
BREAKFAST POTATOES	\$3.50

meals

THE BASIC B; V \$15
choice of fresh baked pastries or bagels + cream cheese w
individual yogurts, 3gs grown up granola + seasonal fruit

BISCUITS + SAUSAGE GRAVY; \$15
cheesy eggs & breakfast potatoes; Vegan available \$17

SIGNATURE EGG + HAM SAMMIE; V \$14
toasted english muffin, fried egg & ballard cheese w
breakfast potatoes + seasonal fruit

BREAKFAST BURRITO; V \$14 / ADD STEAK \$16.5
10" flour tortilla filled filled w scrambled eggs, cheese,
roasted peppers, onions & papas served w a side
of salsa + seasonal fruit

PANCAKE BREAKFAST; V \$16
seasonal fruit compote, butter + maple syrup w
cheesy eggs & breakfast potatoes

FRENCH TOAST BAKE; \$18
made w seasonal ingredients + butter & maple syrup,
choice of bacon or sausage + seasonal fruit



CINNAMON ROLL COMBO; V
+ seasonal fruit \$10
+ seasonal fruit & individual yogurt \$12

drinks

DECANTED FRESH BREWED COFFEE; \$4.20
w asst sweeteners + half & half; buffet only

HOT TEA SERVICE; \$4.20
asst caffeinated & herbal tea sachets + asst
sweeteners, honey + electric tea kettle; must
be near outlet; buffet only

DECANTED JUICES; \$3.75
choice of orange, apple or cranberry; buffet
only

ASST INDIVIDUALLY BOTTLED JUICE; \$3.75

*MINIMUM QUANTITY 25 EACH ITEM