

# hot buffet

CHICKEN + ARTICHOKE; GF \$24

grilled chicken breasts bathed in savory white wine sauce w blistered cherry tomatoes, herbs & roasted artichokes

BEEF BRISKET; GF \$32

choice of cherry bbq or morrocan w dried fruit & tomatoes

WILD SALMON; GF \$32

choice of peach-bourbon glaze or spring chimichurri

SAFFRON SPRING VEGETABLE TAGINE; GF, Vegan \$22

saffron stewed vegetables, chick peas + warm spices & herbs



## cold lunch

boxed or plattered **\$18.50**  
sandwich. wrap. or bowl

GRILLED VEGGIE; V

zucchini, sweet peppers, blistered tomatoes + arugula w seasonal house hummus, toasted pepitas, ballard feta (vegan on request)

ITALIANO

genoa salami, ham, fresh mozzarella-pesto spread, blistered tomatoes, mixed greens, balsamic drizzle

THAI PEANUT

marinated chicken, shredded carrots & cabbage, scallions, sweet peppers + cilantro, peanuts + chili-lime dressing

GRILLED CHICKEN CAESAR

romaine, shaved parmerano, lemony caesar dressing  
\*salad includes focaccia croutons

\*sandwiches on 3Gs focaccia or Gaston's baguette

\*wraps in 10" flour tortilla

\*wraps & sandwiches include bag of gourmet chips + whole fruit; SUB SIDE SALAD add \$2

\*bowls include fresh bread w butter + whole fruit

DIY STREET TACO PLATE; \$24

choice of shredded beef 'n papas or Hatch chile-lime chicken fillings, pickled jalapenos, diced onions, cabbage + house salsa; mexi rice + beans, 2-4" flour tortillas pp; gf & vegan options available

DIY IDAHO BAKED POTATO BAR; GF \$20

whole tender russets w veggie chili, butter, sour cream, shredded cheddar+ roasted broccoli w choice of side add gorgonzola \$1 / add bacon \$1.50 add bbq pulled pork or grilled chicken \$3.50

## pick 2 sides

with HOT BUFFET

3GS SIGNATURE SALAD; GF, V

mixed greens, gorgonzola, candied nuts + seasonal berries (chef may substitute dried cranberries), honey- balsamic vinaigrette

WEDGE SALAD; GF

artisan romaine, bacon, gorgonzola, red onions + tomatoes w creamy dill-gorgonzola dressing

SIMPLE SALAD; GF, V

crisp greens, cherry tomato, carrots + cucumbers choice of creamy herb or honey-balsamic vinaigrette

CLASSIC CAESAR; V

romaine, shaved parmerano, cracked pepper, focaccia croutons + creamy caesar dressing

PARISIAN POTATO SALAD; GF, Vegan (mayo free)  
pickled onions, dill, whole grain mustard vinaigrette

ROASTED POTATOES; GF, Vegan

garlic oil, parsley + cracked pepper

GARLIC MASHED POTATOES; GF, V

CREAMY POLENTA; GF, V

ballard cheese + herbs

Includes FRESH BAKED BREAD BASKET; Vegan  
herbed extra virgin olive oil bottle

SUB GRILLED & ROASTED VEGETABLES; GF, Vegan \$3pp  
ADD AN ADDITIONAL SIDE \$5pp

## dessert

ICED LEMON RASPBERRY COOKIES; V \$4 EA

ASSORTED FRESH BAKED COOKIES; V \$4 EA

CHOCOLATE CARDAMOM SHORTBREAD; V \$5 EA

TRIPLE CHOCOLATE BROWNIE; V \$4 EA

EARL GREY-BLUEBERRY TEA CAKES; V \$6 EA

CHOCOLATE MOUSSE CUPS; GF, V \$6 EA

\* MINIMUM QUANTITY 25 EACH ITEM