

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Meadows September Birthdays 11 Leticia Timmerman 17 Olga Willenbring 20 Kay Tegeler 23 Loras Heims 27 Kassie Gonzalez 28 Micah Hahn 30 Bernie Hamlett	1 Labor Day 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 3:00 Bottomless Cup 3:15 Music by Ron Lubbers Solarium	2 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Bible Study with Pastor Tim F.V. Rm 2:00 Relaxation Station 3:00 Bottomless Cup with Pastor Tim 4:15 Rosary F.V.	3 8:30 Early Exercise Class 9:30 DEVOTIONS 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 6:00 BINGO	4 8:30 Exercise Class Solarium 8:50 Weight Class 9:30 Master Gardners All Things Apple with Carol 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	5 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	6 10:30 Tractor Show GNS R2H Parking lot 11:00 Iowa State vs Iowa Tailgate F.V. Rm. CH. 25 (FOX) 2:30 Exercise Solarium 3:00 Bottomless Cup 3:30 Devotions Solarium
7 6:00 Happy Kick off to Ntl. Asst. Living Wk! 10:00 Lutheran Comm. 10:30 Catholic Mass/Rosary 11:30 Family Picnic 12:00 Balloon Art with Mike 1:00 Music by Marty Garrett 3:15 Church with Pastor Tim	8 6:00 Passport to Adventure/Tourist Day: Wear hats, sunglasses etc. 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Making your Passport: "Let the Adventures Begin!" 3:00 Bottomless Cup	9 6:00 A Day in PARIS!:Wear beret's, scarfs, stripped shirts 8:30 Exercise Class 9:00 Shopping 10:30 Bible Study 12:00 French Wine & Dine 2:00 Guided Painting w/ Jane R. 3:00 Pastor Tim 4:15 Rosary	10 6:00 African SAFARI Day: Wear animal print, safari hats, kaki pants & white shirts 8:30 Early Exercise 9:30 DEVOTIONS 11:30 Picnic at Backbone 2:00 African Drumming 3:00 Bottomless Cup 6:00 Coming to America Movie/Popcorn	11 8:30 Exercise Class 8:50 Weight Class 9:45 BANK VISIT 10:00 Mexican Culture/Traditions 11:00 Methodist Comm. F.V. RM 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:15 Pinata Fun	12 6:00 Cruising the Caribbean! Wear your beach attire: Hats leis & flower print 8:30 Early Exercise 9:30 Devotions 10:30 Late Exercise 2:00 Mega BINGO! 3:00 Club 200 Luau! 5:00 Evening in England Supper	13 6:00 HOME SWEET HOME! Patriot Day: Wear red, white & blue attire! 10:15 Exercise Solarium 12:00 Fried Chicken / Roast Beef Lunch 2:00 Music by Dale Gassman & Steve 3:00 Bottomless Cup 3:30 Devotions Solarium
14 10:30 Catholic Mass & Rosary 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church with Pastor Tim	15 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Town Talk Solarium 2:30 Healthy Aging In-service with Lindsey 3:00 Bottomless Cup	16 6:30 Tenant Weights Before Bkfst 8:30 Exercise Class 9:00 Shopping 10:30 Bible Study 1:30 Afternoon Fall Bus Ride 3:00 Bottomless Cup with Pastor Tim 4:15 Rosary F.V.	17 8:30 Early Exercise 9:30 DEVOTIONS 10:30 Late Exercise 1:30 Manicures 3:30 Olga's 100th Birthday Reception 5:00 Breakfast for Supper 6:30 Music by The Anderegg Family In honor of Olga's 100th birthday!	18 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	19 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Community Euchre Card Tournament 3:00 Bottomless Cup	20 8:30 Alzheimer's Walk: Brief opening ceremony & portion of the walk Approx. 8:30 am - 10:30 am 10:15 Exercise Video Solarium 2:00 Beach Ball 3:00 Bottomless Cup 3:30 Devotions Solarium

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<div>21</div> <div><div>10:30</div> Catholic Mass & Rosary <div>1:30</div> Movie "UP" & Popcorn F.V. Room <div>2:00</div> Bottomless Cup/Fresh Popcorn <div>3:15</div> Church with Pastor Tim</div>	<div>22</div> <div><div>8:30</div> Early Exercise Class <div>9:00</div> Dbq. Arboretum Trip/Tour & Picnic <div>9:30</div> Devotions <div>2:00</div> Cards/Games <div>3:00</div> Bottomless Cup</div>	<div>23</div> <div><div>8:30</div> Exercise Class Solarium <div>9:00</div> Shopping <div>10:30</div> Bible Study with Pastor Tim F.V. Rm <div>2:00</div> Making Peanut Butter Chocolate Acorns! <div>3:00</div> Bottomless Cup with Pastor Tim <div>4:15</div> Rosary F.V.</div>	<div>24</div> <div><div>8:30</div> Early Exercise Class <div>9:30</div> DEVOTIONS <div>10:00</div> Trip & Lunch Outing to Q-Casino <div>1:30</div> Staff Mtg <div>2:30</div> Manicures <div>3:00</div> Bottomless Cup <div>5:00</div> Smash Burgers & Onion Rings <div>6:00</div> Fall Penny Auction</div>	<div>25</div> <div><div>8:30</div> Exercise Class Solarium <div>8:50</div> Weight Class <div>9:45</div> BANK VISIT <div>2:00</div> Devotions F.V. Room <div>2:00</div> Mass & Rosary @ GNH <div>3:00</div> Bottomless Cup</div>	<div>26</div> <div><div>8:30</div> Early Exercise Class <div>9:30</div> Devotions <div>10:30</div> Late Exercise Class <div>2:00</div> Club 200 <div>3:00</div> Bottomless Cup</div>	<div>27</div> <div><div>10:15</div> Exercise Solarium <div>2:00</div> BINGO <div>3:00</div> Bottomless Cup <div>3:30</div> Devotions Solarium</div>
<div>28</div> <div><div>10:30</div> Catholic Mass & Rosary <div>2:00</div> Bottomless Cup/Fresh Popcorn <div>3:15</div> Church with Pastor Tim <div>6:00</div> Cash & Cline Music Show Hanson Auditorium</div>	<div>29</div> <div><div>8:30</div> Early Exercise Class <div>9:00</div> Tenant Flu Shots Gather in Dining Room <div>10:30</div> Devotions <div>2:00</div> Cards/Games <div>3:00</div> Bottomless Cup</div>	<div>30</div> <div><div>8:30</div> Exercise Class Solarium <div>9:00</div> Shopping <div>10:30</div> Bible Study with Pastor Tim F.V. Rm <div>1:30</div> Afternoon Fall Bus Ride <div>3:00</div> Bottomless Cup with Pastor Tim <div>4:15</div> Rosary F.V.</div>	<div>September Observations\Awareness</div> <div>01 Labor Day</div> <div>04 Eat an Extra Dessert Month</div> <div>06 Read a Book Day</div> <div>07 Ntl. Tailgating Day</div> <div>08 Ntl. Grandparent's Day</div> <div>11 Patriot Day & Day of Service & Remembrance</div> <div>17 Ntl. Apple Dumpling Day</div> <div>18 Ntl. Cheeseburger Day</div> <div>21 Last Day of Summer</div>	<div>September Observations\Awareness</div> <div>Healthy Aging Month</div> <div>All American Breakfast Month</div> <div>Ntl. Piano Month</div> <div>Ntl. Yoga Awareness Month</div> <div>World Alzheimer's Month</div> <div>Self-Improvement Month</div> <div>National Assisted Living Week 9/7-13</div>	<div>WELCOME AUGUST</div> <div>We Remember 9.11.01</div> <div>GOD IS OUR REFUGE & STRENGTH, A VERY PRESENT HELP IN TROUBLE... WE WILL NOT FEAR. PSALM 46:1-2</div>	<div>Happy September</div> <div>May you experience the unfailing love of God, comforting and sustaining you in every situation.</div>