

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Meadows October Birthdays 08 Leslie Lindstrom 08 Darlene Holt 30 Kinley Welcher	October Observations\Awareness 03 World Smile Day :-) 04 Ntl. Golf Lovers Day 07 World Smile Day :-) 12 Clergy Appreciation Day 16 National Boss Day 21 National Apple Day 31 HAPPY HALLOWEEN!!	October Observations\Awareness Ntl. Breast Cancer Awareness Month Ntl. National Apple Month Ntl. Chili Month Ntl. Depression Education & Awareness Month Ntl. Field Trip Month	1 8:30 Early Exercise Class 9:30 DEVOTIONS 10:30 Late Exercise Class 1:30 Manicures 3:00 Bottomless Cup 6:00 Evening Golf Cart Rides	2 8:30 Exercise Class 8:50 Weight Class 9:30 Master Gardners Final Program Stream Walking Discoveries" by Hank Bramman 11:00 Senior Wellness Fair 2:00 Devotions 2:00 Mass & Rosary 3:00 Bottomless Cup	3 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	4 10:15 Exercise Solarium 2:00 BINGO 3:00 Bottomless Cup 3:30 Devotions Solarium
5 10:00 Lutheran Comm. 10:30 Catholic Mass & Rosary 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church with Pastor Tim	6 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Trip to Park Farm Winery 3:00 Bottomless Cup	7 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Bible Study with Pastor Tim F.V. Rm 1:30 Manicures 3:00 Bottomless Cup with Pastor Tim 4:15 Rosary F.V.	8 8:30 Early Exercise Class 9:30 DEVOTIONS 10:30 Late Exercise Class 11:00 Library Exchange Day 2:00 Lemon Sister Performance @ GNH 3:00 Bottomless Cup 5:00 Fish Fry 6:00 Cards/Games	9 8:30 Exercise Class Solarium 8:50 Weight Class 9:45 BANK VISIT 11:00 Methodist Comm. F.V. RM 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	10 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Community Euchre Card Tournament 3:00 Bottomless Cup	11 10:15 Exercise Solarium 3:00 Bottomless Cup 3:30 BINGO 3:30 Devotions Solarium
12 10:30 Catholic Mass & Rosary 2:00 Bottomless Cup/Fresh Popcorn 2:00 Movie and Popcorn 3:15 Church with Pastor Tim	13 Indigenous Peoples' Day 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Manicures 2:45 Bottomless Cup 3:15 Music by Janet Lieb	14 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Bible Study with Pastor Tim F.V. Rm 1:30 Town Talk 2:00 Broccoli Tree Art 3:00 Bottomless Cup with Pastor Tim 4:15 Rosary F.V.	15 8:30 Early Exercise Class 9:30 DEVOTIONS 10:30 Late Exercise Class 2:00 Trip & Hayrack ride Sherman's Pumpkin Patch 3:00 Bottomless Cup	16 6:30 Made to Order Breakfast Meadows Diner 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	17 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 11:30 Lunch at Denali's on the River Independence 2:00 Club 200 3:00 Bottomless Cup	18 10:15 Exercise Solarium 2:00 Wii Bowling 3:00 Bottomless Cup 3:30 Devotions Solarium

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19 10:30 Catholic Mass & Rosary 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church with Pastor Tim	20 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 1:30 Hand Relaxation Station 3:00 Bottomless Cup	21 6:30 Tenant Weights Before Bkfst 8:30 Exercise Class 9:00 Shopping 10:30 Bible Study with Pastor Tim 2:00 Making Apple Pie Turnovers 3:00 Bottomless Cup with Pastor Tim 4:15 Rosary	22 8:30 Early Exercise Class 9:30 DEVOTIONS 10:00 Trip To Q Casino 10:30 Late Exercise Class 1:30 Staff Meeting 2:30 Manicures 3:00 Bottomless Cup	23 8:30 Exercise Class Solarium 8:50 Weight Class 9:45 BANK VISIT 2:00 Devotions F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	24 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	25 10:15 Exercise Solarium 2:00 Prepping Halloween Candy 3:00 Bottomless Cup 3:30 Devotions Solarium
26 10:30 Catholic Mass & Rosary 1:30 GNS Halloween Trick or Treating 1:30-3:30 PM 1:30 GNS Halloween Trick or Treating 1:30-3:30 PM 2:00 Bottomless Cup/Fresh Popcorn 3:15 Church with Pastor Tim	27 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 3:00 Bottomless Cup	28 8:30 Exercise Class Solarium 9:00 Shopping 10:30 Bible Study with Pastor Tim F.V. Rm 2:00 Relaxation Station 3:00 Bottomless Cup with Pastor Tim 4:15 Rosary F.V.	29 8:30 Early Exercise Class 9:30 DEVOTIONS 10:30 Late Exercise Class 1:30 Manicures 2:00 BINGO 3:00 Bottomless Cup	30 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Lutheran Communion F.V. Room 2:00 Mass & Rosary @ GNH 3:00 Bottomless Cup	31 8:30 Early Exercise Class 9:30 Devotions 10:30 Late Exercise Class 2:00 Club 200 3:00 Bottomless Cup	It's Harvest Time!! Plow a little farther Dig a little deeper Sow a little greater Pray a little harder Love a little sweeter Fall for Jesus He Never Leaves!!