

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meadows January Birthdays: Bev Schneider 6 Betty Sutton 6 Barb Pearson 6 Brittany Timmer 8 Makayla Gasper 9 Darla Henry 12 Sharen Wright 18 Marcia Russ 19 Elaine Ott 22 Val Bockenstedt 27 Ann Gudenkauf 28	January Observations/Awareness Get Organized Month Intntl. Brain Teaser Month Ntl. Glaucoma Awareness Month Ntl. Oatmeal Month Ntl. Soup Month Ntl. Activity Professionals Week 1/23 - 1-29	January Observations/Awareness 01 New Year's Day 05 National Bird Day 06 Three Kings Day, commemorating the visit of the Three Wise Men 12 Ntl. Hot tea Day 16 World Snow Day 19 Ntl. Popcorn Day 26 Ntl. Green Juice Day 31 Backward Day	You crown the year with your goodness and your paths drip with abundance. PSALM 65:11	HAPPY NEW YEAR!! May the blessings of Christ be always with you in all of the ups and downs of your life. May your life be happy and joyful forever.		1 New Year's Day 9:45 Exercise Solarium 10:30 Devotions 12:00 Iowa Citrus Bowl Tailgate F.V. Room 3:00 Bottomless Cup
2 8:00 Rosary Solarium 8:30 Catholic Communion Service 9:00 Recorded Church Service Pastor Kurt 2:00 Bill Russ Wake Service Delhi 3:00 Bottomless Cup	3 8:30 Early Exercise Class Solarium 9:00 Joyful Yoga 10:30 Devotions Solarium 2:00 Kings Corner Card Game 3:00 Bottomless Cup	4 8:30 Exercise Class Solarium 9:30 Rosary Solarium 10:00 Shopping 2:00 Relaxation Station 3:00 Bottomless Cup Visits with Pastor Kurt	5 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class Solarium 1:30 Manicures 3:00 Bottomless Cup 6:00 Uno Cards	6 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Recorded Church Service from St. Mary's & Communion Solarium 3:00 Bottomless Cup	7 6:00 Christmas Attire Friday!! 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class Solarium 2:00 Club 200 3:00 Bottomless Cup	8 9:45 Exercise Solarium 10:30 Devotions 2:00 Laurel & Hardy Facts & The Flying Deuces Film 3:00 Bottomless Cup
9 8:00 Rosary Solarium 8:30 Catholic Communion Service 9:00 Church Service with Pastor Kurt 3:00 Bottomless Cup	10 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 2:00 Name that Tune with Jean 3:00 Bottomless Cup	11 8:30 Exercise Class Solarium 9:30 Rosary Solarium 10:00 Shopping 1:45 Town Talk 2:00 Booze & Tattoos 3:00 Bottomless Cup Visits with Pastor Kurt	12 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class 12:45 Owl Presentation Clayton Co. Conservation 1:00 Library Day 1:30 Manicures 3:00 Bottomless Cup 6:00 Cards	13 8:30 Exercise Class Solarium 8:50 Weight Class 9:45 BANK VISIT Dining Rm 11:00 Methodist Communion F.V. RM 2:00 Bible Study with Pastor Ede 2:00 Recorded Mass from St. Mary's 3:00 Bottomless Cup	14 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class Solarium 2:00 Club 200 3:00 Bottomless Cup	15 9:45 Exercise Solarium 10:30 Devotions 2:00 BINGO 3:00 Bottomless Cup

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16 8:00 Rosary Solarium 8:30 Catholic Communion Service 9:00 Church Service with Pastor Kurt 3:00 Bottomless Cup	17 Martin Luther King Day 8:30 Early Exercise Class Solarium 9:00 Joyful Yoga 10:30 Devotions Solarium 2:00 Wii Bowling 3:00 Bottomless Cup	18 6:30 Tenant Weights Before Bkfst 8:30 Exercise Class Solarium 9:30 Rosary Solarium 10:00 Shopping 2:00 Hand Relaxation Station 3:00 Bottomless Cup Visits with Pastor Kurt	19 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class Solarium 1:30 Manicures 3:00 Bottomless Cup 6:00 Popcorn tasting Create your own popcorn snack!	20 6:30 Made to Order Breakfast Meadows Diner 8:30 Exercise Class Solarium 8:50 Weight Class 2:00 Bible Study with Pastor Ede 2:00 Mass & Rosary at Good Neighbor Home 3:00 Bottomless Cup	21 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class Solarium 2:00 Club 200 3:00 Bottomless Cup 6:30 Roaring 20's Party at Good Neighbor Home	22 9:45 Exercise Solarium 10:30 Devotions 2:00 January Birthday Party 3:00 Bottomless Cup
23 8:00 Rosary Solarium 8:30 Catholic Communion Service 9:00 Church Service with Pastor Kurt 2:00 Music by Bill Stock & Daughter, Jamie Goranson 3:00 Bottomless Cup	24 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 2:00 Intro to fun interactive drumming Solarium 3:00 Bottomless Cup	25 8:30 Exercise Class Solarium 9:30 Rosary Solarium 10:00 Shopping 1:30 Staff Meeting 2:00 Cards Games 3:00 Bottomless Cup Visits with Pastor Kurt	26 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class Solarium 1:00 Library Day 1:30 Manicures 3:00 Bottomless Cup 6:00 Learning about & Sampling Healthy Juice's	27 8:30 Exercise Class Solarium 8:50 Weight Class 9:45 BANK VISIT Dining Rm 2:00 Lutheran Communion Service 2:00 Mass & Rosary at Good Neighbor Home 3:00 Bottomless Cup	28 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 10:30 Late Exercise Class Solarium 2:00 Club 200 3:00 Bottomless Cup	29 9:45 Exercise Solarium 10:30 Devotions 2:00 BINGO 3:00 Bottomless Cup
30 8:00 Rosary Solarium 8:30 Catholic Communion Service 9:00 Church Service with Pastor Kurt 2:00 Movie & Popcorn 3:00 Bottomless Cup	31 8:30 Early Exercise Class Solarium 9:30 Devotions Solarium 2:00 Cards Games 3:00 Bottomless Cup					