



# Neighborly News

September 2021

## *From the Desk of Matt Carpenter, CEO/Administrator*



Where has summer gone? I have heard this statement over and over again the last 2 weeks. I believe this summer, in particular, has gone by double the pace from previous summers, with a nonexistent summer of 2020. As our kids hop back on the bus and get reacclimated to a new routine with extracurricular school activities, the question looms about COVID-19 and other variants. Decisions are continuing to be made about masks, vaccines, social distancing, and when to quarantine. It has been our primary focus to keep the people we serve safe. We will maintain our position by following federal and state guidelines, and react in accordance to the positivity rate of our county as well as any positive tests within our organization. Our infection control team continues to be vigilant and use an abundance of caution when making decisions for our organization.

In spite of COVID-19, Good Neighbor Society continues to be progressive. At Good Neighbor Home, we continue to update and renovate rooms and common spaces. Residents have commented on the freshness of the renovations, and on the fact we are getting away from an outdated look. The nursing team continues to improve quality measure outcomes, which ultimately is reflected in the quality of care. The Meadows continues to make improvements with newly painted walls and new decorations. The front door will be replaced later this year. We continue to draw up plans for more condos and have recently sold Neighborhood Retreat on the west end of town to our neighboring church by negotiating a property swap. Our plan is to develop this 1.4 acre former church property for more condos with double stall garages.

Our Rehab to Home continues to draw more and more momentum. An open house to showcase this new construction has been postponed due to the rapidly growing numbers of the Delta variant. When the time is right, you and the rest of the community will be invited. If you are interested in a private tour, please contact Jessie Tibbott by calling our main line at 563-927-3907.

Our biggest deficiency and challenge at this time is securing more team members. During the height of our COVID outbreak, we had a major exodus of team members who needed to focus on the mental/physical health of themselves or a loved one. There is no doubt our team was exhausted from the discord the pandemic caused our community, but they have not taken their focus off our mission: to provide compassionate Christian care. There is no doubt in my mind we will navigate through this challenge together as a team. As a byproduct, we will be a stronger force while creating a symbiotic relationship across campus. I am proud to work with such a dedicated team!



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App: Spectrio SHARE



# Good Neighbor Home

## New Residents

Bernice Miller	Dorothy Roling
Bill Welcher	Marilyn Wilborn
Jenny Wills	Bill Wolter

## New Employees

Emily Prier	Mianna Gosche
Terry Tafolla	Willow Wright

## Always in our hearts

Arlene DeSotel	Joan Heyer
Dot Linderwell	Dave Putz
Noreen Roth	Conrad Tegeler
Elaine Waters	



## 3rd Annual Christmas Tree Lighting

The Third Annual Christmas Tree Lighting Ceremony is set to be held in the Good Neighbor Home Dining Commons on Wednesday, December 1 at 7:00 p.m. We will have Christmas caroling and holiday treats as we count down to the Christmas tree lighting.

Good Neighbor Society families and staff are encouraged to bring a non-breakable ornament to the Good Neighbor Home anytime from November 1 up until 7:00 p.m. on December 1 to help make the Christmas tree look festive.

Please label your ornament with your name and contact information if you wish to have it returned after January 17, 2022. Unlabeled ornaments will be retained and used again in 2022 for the Fourth Annual Christmas Tree Lighting Ceremony.

If you have questions please contact Kristi Smith, Social Worker or Steve Werner, Operations Director.

## Pressure Ulcer Prevention

Prevent sores by frequent repositioning to avoid stress on skin. Shift once an hour and ask for help if needed. If you have enough upper body strength, raise your body off the seat by pushing on the arms of the chair. Adjust the head of your bed no more than 30° to prevent pressure and friction. Take good care of your skin by keeping clean and dry, using barrier cream as needed, and changing bedding and clothing as necessary. Look closely at your skin daily for warning signs then report concerns to nursing. Maintain good nutrition, fluid intake, and exercise daily.

**SKIN CARE  
TIPS**



## Resident Profile — Ron Struble

Ronald "Ron" Struble is our highlighted resident for September. Ron was born September 20, 1949 in Sigourney and was raised on a farm in rural Webster, IA. At the age of 18, he met the love of his life as he came upon an auto accident. Deann had been ejected from the car and Ron stopped to help. In the days that followed, the college freshman visited the high school freshman in the hospital and that is how their love story began. They were married in Waterloo on November 21, 1970. They have 3 children: Lori (Chris) Blommers of Manchester, Mike (Stacey) of Edgewood, and Lindsay of Manchester. They have 8 grandchildren. In 1973, Ron moved to Manchester to teach Industrial Arts after graduating from UNI. He enlisted in the Iowa National Guard for 24 years. He taught at West Delaware for 29 years then was a school administrator for 6 years. He was the American Legion Post 45 Commander for 10 years, then moved on to be District 4 Commander. He held the Department of State Commander position from 2014-2015. He was a city councilman for 18 years and on the Good Neighbor Society board for 6 years. Ron keeps busy watching the Cubs, westerns, and Rover, a squirrel that visits his bird feeder. We thank Ron for his years of service to our community, our state, and our country. Be sure to stop by and say hello and happy birthday to our neighbor Ron!



## Return of Catholic Mass

Father Lou Jaeger, Deacon Dave Loecke, and Julita Goedken, Sacristan celebrated Mass with 35 residents on Thursday, August 19, after 18 months without live Mass at Good Neighbor Home due to the pandemic. Father Lou's homily centered around being present and accepting of God's greater purpose for our lives and knowing we are all here together for a reason.. Following Mass, volunteer Maureen Hoffman led residents in praying the Luminous Mysteries of the rosary. We are hopeful we will be able to continue weekly Mass as long COVID-19 stays at bay.



## Card "Sharks"

11 residents enjoyed playing euchre or 500 on August 18. Interested in playing next time? Residents are invited to play cards on Wednesdays at 3:00pm in dining commons.



## Live Music

Dave Poggenklass performed classic singalong songs including "I'm a Lonely Little Petunia in an Onion Patch" for residents on August 20.

Sept	Anniversaries	Birthdays
02	Victoria Boeckenstedt - 1yr	Angie Dittrick
04	Joann Brandenburg - 13yr Julie Porter - 2yr Baily Fredericksen - 2yr	Marissa Duarte Emily Schmidt Katelin Ante
05		<b>Elaine Cooksley</b>
06	Ruth Ann Finnell - 14yr	
08		<b>Charlie Gaffney</b> <b>Delores Timmer</b>
09	Trisia Lahr- 11yr Amira Thurn - 1yr Marissa Duarte - 1yr Katrice Benson - 1yr	<b>Vonda Anderson</b> Marv Gudenkauf
10		<b>Verlon Huston</b>
11		Leticia Timmerman
12	Michelle Letts - 5yr Cassi Westhoff - 4yr	Kyle Kelley
13		Brittney Scherbring
14	Sara Wilwert - 1yr	Wanda McDowell
15		Alaina Lynch
16		Tiffany Smith
17	Judy Bush - 7yr Tracy Knipper - 7yr	
20		<b>Ron Struble</b>
22	Cathy Duggan - 15yr Robin Franks - 6yr	
23	Zevon Sage - 1yr Katelin Ante - 1yr	<b>Marlene Chapman</b>
24		Connie Happel
25	Sandi Parello - 21yr Amanda Hansen - 3yr	
26		
27	Connie Happel - 20yr	Barb Seibert <b>Janet Holloway</b>
28	Jessica Baker - 4yr	Dr. Boom Katrice Benson
29	Antonio Sampson - 1yr	<b>Carol Raithel</b>
30	<b>Kay &amp; John Tegeler - 71yr</b>	<b>Bill Russ</b> Madelin Medberry

SO DON'T WORRY ABOUT TOMORROW FOR  
TOMORROW WILL BRING ITS OWN WORRIES.  
TODAY'S TROUBLE IS  
**ENOUGH FOR TODAY.**

-Matthew 6:34





COURSE #84133

6 WEEKS LECTURE, LAB

+ CLINICAL



Oct 5 – Nov 11, 2021



Face to Face



Manchester



\$625



Brooke Bach, RN; Pam Moritz, RN

## HYBRID 75-HR CERTIFIED NURSE AIDE

This fast-paced combination of online classroom, hands-on lab and clinical experience addresses basic nursing and personal care skills, patient rights and communication. Must be 16 years or older to apply.

Mandatory Orientation will be held at the Manchester Center, September 28, 2021 from 4:00 – 6:00 p.m. Books and supplies for students will be available. Iowa mandates a background check to include criminal, adult/child abuse and sex offender status before class begins (background check is included with class fees).

### CONTACT US.



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1200½ West Main Street  
Manchester, Iowa 52057



844.642.2338, ext. 7700



rahehol@nicc.edu

### REGISTER TODAY.



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## Recreation Welcomes Amy Cassel



Hi everyone! I'm Amy and I'm so excited to continue my journey with Good Neighbor Society. Over the past five years I have worked with the Dietary and Environmental Services teams. In mid-July I was blessed with the opportunity to join Recreation. I grew up in Cedar Rapids and graduated from Jefferson High School. I received an Associate Degree in Liberal Arts from Kirkwood Community College. My husband Mark and I with our two sons Lyle (14) and Henry (11) live on a family farm south of town. I love photography and camping in my spare time. I look forward to creating special programs and experiencing each day with you.

## Employee Recognition – Dixie Van Heiden

Dixie joined Good Neighbor Society February 3, 2020. Although it isn't that long ago, it seems as if she has always been part of our team. She handles her job with grace and willingness to always do more than expected. Residents appreciate all the work she does with their clothing and when she pitches in on the floor as a housekeeper. She is thorough in everything she does, and she never complains when asked to do more. She is a true asset to the team of Environmental Services! Congratulations!



Continuing Care Retirement Community

**GOOD  
NEIGHBOR  
SOCIETY**



View menus, activities and more on the Spectrio SHARE App! Use community pin **1963** for Good Neighbor Home, **2000** for The Meadows Assisted Living, and **2011** for Marietta's Place. Residents can view this information on the screens by the nurses stations, business office, and dining room.

*Neighborhood  
Villas*

(563) 927-3907  
Neighbor Dr

*Good Neighbor  
Home*

(563) 927-3907  
McCarren Dr

*Marietta's  
Place*

(563) 927-1490  
Neighbor Dr

*The  
Meadows*

(563) 927-6467  
McCarren Dr

*Executive  
Board*

Terry Rauch  
Denise Bishop  
Rachel York

*Board  
Members*

Chris Mundy  
Jack Klaus  
Tom Fetter  
Mick Neverman  
Tammy Feldmann

*Providing compassionate Christian care to those we serve since 1963.*